

At Methodist Health System, our mission is to improve and save lives through compassionate, quality health care. We're delighted to share with you some of the many ways we fulfilled that mission in 2011.

Committed to a healthy community

- **Prostate Screening and Awareness Program.** This free service provided over 6,300 prostate cancer screenings this year — more than any other hospital-based program in the nation.
- **Methodist Senior Access.** Area seniors benefit from wellness and social events and activities.
- **Golden Cross Congregational Health Ministry.** Through partnering churches, Methodist provides health outreach and education.
- **Mobile mammography unit.** In partnership with Susan G. Komen for the Cure, Methodist made breast cancer screening more convenient for 3,250 local women in 2011.
- **Methodist Dallas Golden Cross Academic Clinic.** The clinic is home to the Life Shines Bright Pregnancy Program as well as MedAssist, which helps patients in financial need acquire vital medications through pharmaceutical partnerships.

We also support numerous community endeavors and organizations, including the West Side Clinic, March of Dimes, American Red Cross, Texas Scholars, Dallas Area Crisis Response Team, National Night Out Against Crime, Project Graduation, and the North Texas Commission.

Contributing to the economic health of our community

DID YOU KNOW? Methodist Health System employs 6,337 professionals throughout the DFW Metroplex. The Methodist Dallas campus ranks as one of Oak Cliff's largest employers, with 2,913 employees, and Methodist Charlton is one of the largest employers in the Best Southwest cities, with 1,473 employees.

\$82 million* PROVIDED IN UNREIMBURSED CHARITY CARE

\$400 million* IMPACT FROM EMPLOYEE INCOME AND BENEFITS

*Amounts represent all of Methodist Health System.

Growing brighter

This year Methodist Health System announced a \$135 million expansion and renovation plan for Methodist Dallas and Methodist Charlton Medical Centers. In the plans are a new critical care unit and expanded emergency department for Methodist Dallas and a new postcoronary intervention unit to support cardiology services at Methodist Charlton.

Methodist also expanded its access to care this year. Methodist Richardson Medical Center became fully integrated into the health system, and the Methodist Charlton QuickCare Clinic opened, making after-hours and weekend care available.

The Charles A. Sammons Trauma Care Center is part of the multimillion-dollar expansion plan for Methodist Dallas.



Honoring community leaders

The Methodist Health System Foundation had the honor to present Trevor Rees-Jones with the 2011 Robert S. Folsom Leadership Award. Rees-Jones offered the proceeds from the award dinner to the health system's pastoral care ministries, which provided more than 130,000 pastoral visits last year.

Trevor Rees-Jones (center), here with Methodist Health System Foundation President and CEO April Box Chamberlain and Methodist President and CEO Stephen L. Mansfield, PhD, FACHE, was honored with the Foundation's Folsom Leadership Award.



Leading the way

We are grateful to the members of our Community Advisory Board, who provide countless hours of service to strengthen our vital role in the community.

Methodist Dallas Community Advisory Board

Glenn Bodinson; the Rev. John Fiedler, DMin; Jim Fite; Duncan Fulton; Janie Means Gilmore; Yon Jordan; Methodist Dallas President Laura Irvine, FACHE; Harold Kleinman; Ron Ricks; Chairman George R. Schrader; Pat Smith; Darrell Thigpen, MD; Kelvin Walker; and Dale Young

Methodist Charlton Advisory Board

The Rev. Jim Bowden, DMin; Methodist Charlton President Jonathan Davis, FACHE; Wade Emmert; Kevin Fegan, EdD; Chairman Dick Griner; Ed Harrison; John Hubbard; Michael Hurtt; Marcus Knight; Curtistene McCowan; Allen Schneider, DO; Margie Waldrop; Ken Weaver; Boyce Whatley; and Felix Zamora

Helping babies arrive on time



Meet some of the little miracles born through the Life Shines Bright Pregnancy Program.

The Life Shines Bright Pregnancy Program, offered through the Methodist Dallas Golden Cross Academic Clinic, is a free program offering counseling, education, and prenatal care to pregnant young women. The preterm birth rate in the Methodist Dallas service area averages 18 percent, but for women in Life Shines Bright, that percentage drops significantly to 5.6 percent, and we're currently expanding this program to Methodist Charlton. This year, Life Shines Bright earned the Texas Hospital Association's Excellence in Community Service Award.

Enlightening events

We made a difference in the community by hosting or sponsoring a variety of events, including:

- Health Fair at Cowboys Stadium
- Heart to Heart women's heart health event
- Hearts and Hammers volunteer building day
- Methodist Charlton events for pastors and women in ministry
- Community health education events
- Best Southwest Legislative Breakfast Series



At the Heart to Heart women's health event, dance instructors helped attendees get moving and get their heart rates up.

Walking the walk

Methodist Health System champions the health of the community and our employees and is taking steps to become the healthiest health system in America by 2016. The American Heart Association has named us a Gold Fit-Friendly Company for our efforts.

Our outstanding support of employees has also led to us being named among the Top 10 Best Places to Work by the *Dallas Business Journal* for the eighth consecutive year and named to the *Becker's Hospital Review* 100 Best Places to Work in Healthcare.



Heart care to count on

Methodist Dallas and Methodist Charlton Medical Centers' legacy of excellence in cardiac care continues to offer a variety of advanced procedures and therapies. In 2011, Methodist Charlton expanded its cardiac care offerings to include an open heart surgery program. Both hospitals' teams offer decades of open heart surgery experience to patients in southern Dallas County.



The Rev. Jerry Hull was the first open heart surgery patient at Methodist Charlton.

Among the best and brightest

Here are some of our proudest achievements from last year:

D Magazine recognized 80 physicians practicing independently on our medical staff among the Best Doctors in Dallas.

Hospitals & Health Networks magazine ranked Methodist among the nation's Most Wired hospitals for its use of health care information technology.

Ten Methodist nurses were honored among the Dallas-Fort Worth Great 100 Nurses, and five were honored with the Nurseweek Magazine Excellence Award.

Methodist Dallas was ranked among the top 10 medical facilities in DFW for gynecology, kidney disorders, and urology, according to U.S. News & World Report.

Methodist Charlton was named by The Joint Commission as one of the nation's top performers on key quality measures.

Local publications named Methodist Charlton Best Hospital and the Methodist Charlton QuickCare Clinic Best Medical Facility in the Best Southwest community.

Proud members

Cedar Hill Chamber of Commerce • Dallas Black Chamber of Commerce • DeSoto Chamber of Commerce • Duncanville Chamber of Commerce • Grand Prairie Chamber of Commerce • Greater Dallas Chamber of Commerce • Greater Dallas Hispanic Chamber of Commerce • Lancaster Chamber of Commerce • Midlothian Chamber of Commerce • Oak Cliff Chamber of Commerce